

PRAYING THE BIBLE

Chapter 1: The Problem

- Read Chapter 1
- Read Psalm 14
- Fill out Reflection Questions below
- Schedule a time to discuss with Pastor Chris

REFLECTION QUESTIONS

Describe your prayer life at current. How has it changed in the last year?

In the past, what has been the most effective help(s) to improve your prayer life?

What specific barriers or struggles do you have with being more consistent in prayer?

What impact should the Holy Spirit have on your prayer life?

Who/What do you usually pray for?

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Chapter 2: The Solution

- Read Chapter 2
- Read Psalm 51
- Fill out Reflection Questions below
- Schedule a time to discuss with Pastor Chris

REFLECTION QUESTIONS

What experience do you have with praying God's Word?

How can you use what was shared in Chapter 2, along with your regular devotional readings and/or preparation for worship?

Which texts or kinds of texts might be more difficult to pray?

What role can using your imagination play in praying difficult texts?

Why are the Psalms a great place to start praying the Bible?

Do any Psalms come to mind to you to help get you started?

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Chapter 3-4: The Method / More About the Method

- Read Chapters 3-4
- Read Psalm 88
- Fill out Reflection Questions below
- Schedule a time to discuss with Pastor Chris

REFLECTION QUESTIONS

Describe Donald Whitney's proposed method.

How might you tailor it to your prayer needs?

How might this method of praying the Bible improve your meditation on Scripture?

How strict should you be with interpretation when praying the Bible?

How can we pray imprecatory Psalms?

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Chapter 5-6: Praying the Psalms / Praying Other Parts of the Bible

- Read Chapter 5-6
- Read Psalm 4
- Fill out Reflection Questions below
- Schedule a time to discuss with Pastor Chris

REFLECTION QUESTIONS

What has your experience been like using **Appendix 1** — *Psalms of the Day Chart*?
Has it helped, increased or hindered your normal prayer time?

What role does Christ play in your praying of the Psalms?

Select (5) New Testament passages that would be helpful for you to pray regularly to grow in maturity. Why did you select these passages?

How can we pray narrative passages of Scripture?

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Chapters 7-10

- Read Chapter 7-10
- Read Psalm 71
- Fill out Reflection Questions below
- Schedule a time to discuss with Pastor Chris

REFLECTION QUESTIONS

Select a Psalm that you could pray for each of these circumstances and share why you picked that particular

- a. Sorrow/Grief:
- b. Joy/Celebration:
- c. Doubt:
- d. Wonder/Awe:
- e. Anger:

Has Donald Whitney's method of praying the Bible challenged you? Has it grown your prayer life over the last few weeks?

Are there other ways you would like to grow and have a healthy prayer life?

Would you recommend this book? This method? Describe why or why not.